

Prepare your household with all nine fact sheets:

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Available in more than 20 languages online at: disaster.qld.gov.au

Fact sheet

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Always remember:

Having an emergency kit is an important step to prepare for, survive and cope with emergencies.

Know: All householders need to know where your Emergency Kit is kept.

Check: and update the contents of your kit regularly, to ensure everything is in working order and has not expired.

Discuss: your emergency kit with all householders and make sure everyone knows what to do in an emergency.

On this page is a list of items which should be in your kit at all times.

On the other side of this page is a list of extra items which, if you do not keep at all times, you should add to your kit during storm or cyclone season.

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Prepare your emergency kit:

Essential items, all times

Food and water

- Range of non-perishable food items
- Bottled water

Medical and sanitation

- First Aid Kit and manual
- Essential medications, prescriptions and dosage
- Toilet paper
- Toothbrush/toothpaste
- Soap/shampoo
- Personal hygiene items

Light

- Flashlight/torch with extra batteries
- Battery powered lantern

Communications

- Battery powered radio with extra batteries
- Traditional wired telephone
- Prepaid phone cards or coins for phone calls

Clothing and footwear

- Warm jumper, waterproof jacket, hat and gloves for everyone
- Closed-toed shoes or boots for everyone

Tools and supplies

- Whistle, utility knife, duct/masking tape
- Plastic garbage bags, ties
- Safety glasses and sun glasses

Miscellaneous

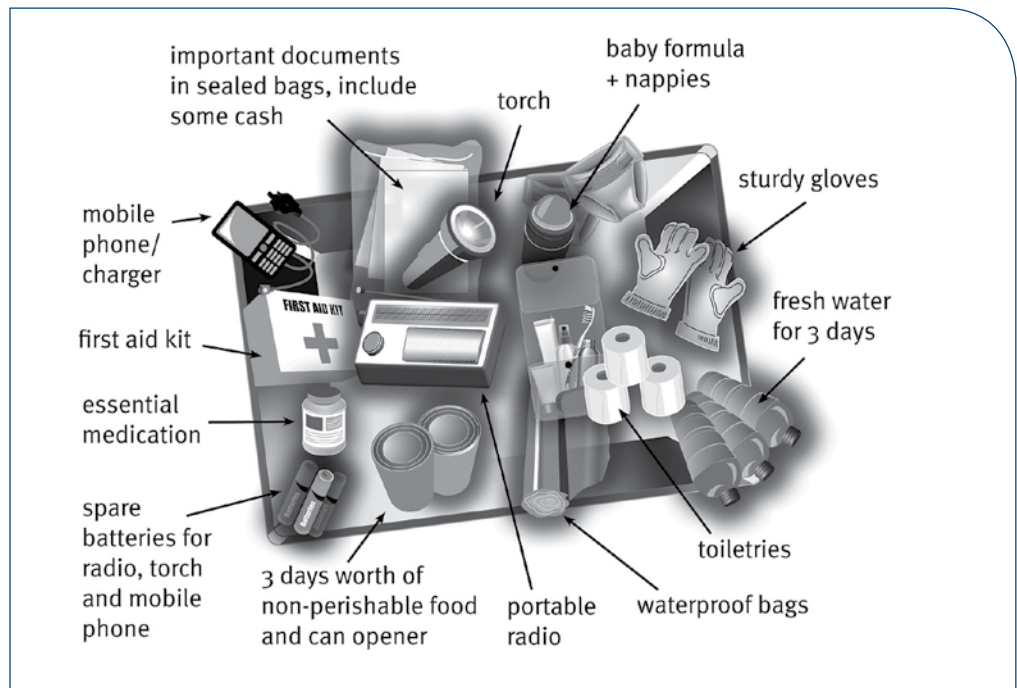
- Special Items for infants (nappies, formula etc)
- Special items needed by elderly or people with special needs
- Spare house and car keys
- Pet food, water and other animal needs

Important documents

Keep original or certified copies of these documents in your Emergency Kit.

Scan copies of them and save the files on a USB memory stick or CD to include in your kit. Keep all these items in sealed plastic bags.

- Insurance papers for your house and contents, cars, and for valuable items
- Inventory of valuable household goods
- Wills and life insurance documents
- House deeds/mortgage documents
- Birth and marriage certificates
- Passports/visa details
- Stocks and bonds
- Medicare, pension cards, immunisation records
- Bank account and credit card details
- A back-up copy of important computer files
- Household Emergency Plan with emergency contact numbers (*also see Fact Sheet 1*)



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Extra items to include in your emergency kit during cyclone and storm season.

Weather warnings are issued when emergencies like floods, storms and cyclones are expected.

During storm and cyclone season, add the items on this page to your emergency kit.

It is preferable to keep stocks of these items in your kit all the time.

However, if you do not have enough space in your kit, make a note of where to find the extra items in your home so you can collect them quickly.

Blank lines for notes.

Remember: if you have visitors during an emergency, you will need supplies for them also.

at least 3 days is how long you may be without assistance

Prepare your emergency kit: Extra items, storm times

Food and water

- Three days' supply of non-perishable food (plus can opener, cooking gear, plates and utensils)
Clean water in sealed containers (10 litres per person is recommended for three days supply)
Water purification tablets

In kit or location

Checkboxes and dotted lines for tracking food and water items.

Medical and sanitation supplies

- Extra supplies of medications
Extra toiletry and sanitary supplies, sunscreen and insect repellent
Prescription details for all medications
Spare spectacles

Checkboxes and dotted lines for tracking medical and sanitation supplies.

Tools, communications and supplies

- Wide masking tapes for windows
Wrench or pliers to turn off all utilities
Tent or tarpaulin
Woollen and thermal blankets
A mobile phone, spare battery and charger

Checkboxes and dotted lines for tracking tools, communications and supplies.

Clothing and footwear

- Change of clothes for everyone, stored in plastic bags
Spare clothes and bedding

Checkboxes and dotted lines for tracking clothing and footwear.

Miscellaneous items

- Extra supplies for infants (extra formula, nappies etc)
Extra items for the elderly or people with special needs
Spare cash in case electronic bank tellers don't work
Pets - provisions and information (such as vet's papers, leash, food and water, collars with identification tag, pet beds, litter pan and scooper, carrier or harness, medication)

Checkboxes and dotted lines for tracking miscellaneous items.

In an emergency, there may be interruptions to power and water supplies. Ensure you have adequate stocks on hand:

- Barbeque or portable stove with fuel
Fully charged batteries for mobile phone
Spare batteries for torch and radio
Esky or gas / battery powered refrigerator

Checkboxes and dotted lines for tracking power and water supply items.

